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# DOUBLES SQUASH STRATEGY



## STRATEGY

### #01

**Always hit deep before you shoot short.**



Play at least five length balls before going short.

## STRATEGY

### #02

**Volley every ball you can touch.**

This is the **Golden Rule** of Winning Doubles. If the opposition's strategy is to push you to the back wall, don't go willingly. **VOLLEY!**



## STRATEGY

### #03

**Split the team on the diagonal.**

There are four corners in the court and only two people on a team. The simple goal is to split the team on the diagonal and hit to one of the open quadrants.



## STRATEGY

### #04

**The number-one attacking shot is the reverse corner.**

The number-one attacking shot is the reverse corner because the opposition usually has to play the ball back cross-court to your partner and they should be ready to attack on the volley.



## STRATEGY

### #05

**Attack cross court.**



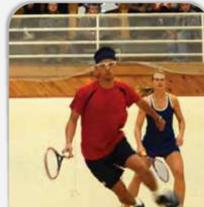
To open up the court, attack cross court.

## STRATEGY

### #06

**Move laterally on the red line.**

Move laterally on the red line, not in a box step, when rotating with your opponent so you don't get blocked out.



## STRATEGY

### #07

**Aim high and hard at your opponent's shoulders.**

For cross-court shots, aim high and hard at your opponent's shoulders. The second spot is at their knees.



## STRATEGY

### #08

**Vary height and direction.**



## STRATEGY

### #09

**Cover the shot that beats you.**

When defending, cover the shot that beats you, not just the shot that continues play.



## STRATEGY

### #10

**When defending a ball hit hard at you just block the ball with a fore-swing.**

When defending a ball hit hard at you do not take a back swing or full swing. If you do you will hit the ball out of the court or miss altogether.



Original sources for the published content:

<https://bosssquash.com/blog/doubles-squash/>

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