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**DOUBLES SQUASH STRATEGY**

**STRATEGY #01**

Always hit deep before you shoot short.

Play at least five length balls before going short.

**STRATEGY #02**

Volley every ball you can touch.

This is the Golden Rule of Winning Doubles. If the opposition’s strategy is to push you to the back wall, don’t go willingly. VOLLEY!

**STRATEGY #03**

Split the team on the diagonal.

There are four corners in the court and only two people on a team. The simple goal is to split the team on the diagonal and hit to one of the open quadrants.

**STRATEGY #04**

The number-one attacking shot is the reverse corner.

The number-one attacking shot is the reverse corner because the opposition usually has to play the ball back cross-court to your partner and they should be ready to attack on the volley.

**STRATEGY #05**

Attack cross court.

To open up the court, attack cross court.

**STRATEGY #06**

Move laterally on the red line.

Move laterally on the red line, not in a box step, when rotating with your opponent so you don’t get blocked out.

**STRATEGY #07**

Aim high and hard at your opponent’s shoulders.

For cross-court shots, aim high and hard at your opponent’s shoulders. The second spot is at their knees.

**STRATEGY #08**

Vary height and direction.

**STRATEGY #09**

Cover the shot that beats you.

When defending, cover the shot that beats you, not just the shot that continues play.

**STRATEGY #10**

When defending a ball hit hard at you just block the ball with a fore-swing.

When defending a ball hit hard at you do not take a back swing or full swing. If you do you will hit the ball out of the court or miss altogether.

Original sources for the published content: https://bosssquash.com/blog/doubles-squash/

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